# REQUIREMENTS FOR MASTER OF SCIENCE DEGREE IN APPLIED PSYCHOLOGY - CLINICAL COUNSELING OPTION

1. Minimum of 60 graduate hours

#### **BASIC CORE COURSES – 15 HOURS**

| PSY 602 | Biological Basis of Behavior      |
|---------|-----------------------------------|
| PSY 605 | Personality and Social Psychology |
| PSY 632 | Quantitative Psychology           |
| PSY 634 | Developmental Psychology          |
| PSY 635 | Learning and Cognition            |

### **APPLIED CORE COURSES – 21 HOURS**

| PSY 600 | Practicum (minimum of 8 hours) (Specific practica are required concurrently with |
|---------|--|
|         | certain courses)   |
| PSY 620 | Psychopathology  |
| PSY 630 | Psychological Assessment: Intelligence and Achievement Testing in                |
|         | Clinical/Counseling Psychology   |
| PSY 631 | Psychological Assessment: Personality and Psychopathology                        |
| PSY 699 | Internship: Clinical/Counseling Psychology                                       |
| PSY 700 | Practicum (minimum of 1 hour) (Specific practicum for Consultation and           |
|         | Intervention)  |
|         |  |

#### APPLIED SPECIALTY COURSES – 24 HOURS

| PSY 610 | Interviewing, Observation, and Case Formulation      |
|---------|--|
| PSY 633 | Group Counseling and Psychotherapy                   |
| PSY 636 | Individual Counseling and Psychotherapy              |
| PSY 639 | Career and Lifestyle Counseling: Theory and Practice |
| PSY 643 | Couple and Family Therapy                            |
| PSY 644 | Substance Abuse Counseling                           |
| PSY 651 | Professional/Ethical Issues in Counseling            |
| PSY 703 | Counseling for Social Justice and Diversity          |
|         |  |

- 2. Achieve a 3.0 cumulative grade point average on all graduate studies applicable to the student's particular program and a 3.0 grade point average for all graduate courses. (See exceptions in the Francis Marion University Catalog under "Time Limit" and "Repeating Courses.")
- 3. Satisfactorily complete all other requirements as outlined for graduate students.
- 4. Make an application for graduation at the beginning of the semester in which the last course(s) will be taken.

## **CLINICAL/COUNSELING COURSE DESCRIPTIONS**

**600A Professional Psychology Practicum** (1) F. S, SU. This practicum serves two purposes: 1) All school psychology students must complete an Introduction to the Schools Practicum during the fall semester of their first year of study. This practicum involves shadowing a practicing school psychologist and participating in various activities related to school psychology, school organization and operation. 2) Any master's degree student in psychology may work with a psychology faculty member to develop a field experience involving research or practice which is relevant to their program of study.

**600B** Psychological Assessment Practicum (1) F. S, SU. Students enrolled in PSY 606, PSY 616, PSY 630, PSY 631, and PSY 639 must be enrolled concurrently in this practicum. This practicum involves administration, scoring, interpretation, and reporting of results of psychological testing instruments and other assessment procedures relevant to the specific course to which the practicum is attached. Students may be assigned to psychoeducational, counseling and/or mental health centers for this experience. A minimum of 50 clock hours is required per practicum.

**600C** Psychological Intervention Practicum (1) F, S, SU. Students enrolled in PSY 604, PSY 610, PSY 633, PSY 636, PSY 643, and PSY 644 must be enrolled concurrently in this practicum. This practicum involves interviewing, observation, clinical problemsolving, treatment planning and intervention development, individual therapy, group therapy, direct intervention, and indirect intervention/ consultation experiences relevant to the specific course to which the practicum is attached. Students may be assigned to psychoeducational, counseling and/or mental health centers for this experience. A minimum of 50 clock hours is required per practicum.

602 Biological Basis of Behavior (3) F. Survey of basic neuroanatomy and physiology of the nervous system. Emphasis on ways in which the environment affects behavior via the nervous system. Current research relevant to biological basis of behavior is reviewed.

605 Personality and Social Psychology (3) SU. Survey of the basic areas of personality and social psychology with coverage of contemporary research issues in social psychology as well as the classic theories of personality.

Interviewing, Observation, and Case Formulation (3) F. Introduction to fundamental skills used in clinical/counseling interviews, including interview and observation techniques used for clinical data gathering. Particular emphasis is on case conceptualization to inform treatment planning, case report writing, and basic counseling techniques. Particular attention is also given to ethical and professional issues in counseling. Students must be 600C, concurrently enrolled in Psychology Psychological Intervention Practicum.

**620 Psychopathology** (3) S. Survey of the history and classification of mental disorders with emphasis on models of psychopathology. Includes a review of contemporary diagnostic practices, and development of diagnostic skills using the DSM Classification System.

630 Psychological Assessment: Intelligence and Achievement Testing in Clinical/Counseling Psychology (3) (Prerequisite: PSY 610) S. Review of measurement statistics and psychometric theory, and examination of the most frequently used intelligence. achievement tests in adaptive behavior, and clinical/counseling psychology. Skill development in test administration, scoring, and interpretation of test results, as well as psychological report writing and diagnostic skills. Skill development in giving assessment results and feedback to clients. Examination of cultural diversity, ethical issues, and technology as they pertain to assessment. Students must be concurrently enrolled in Psychology 600B. Psychological Assessment Practicum.

631 Psychological Assessment: Personality and **Psychopathology** (3) (Prerequisite 610, 630) S. Examination of psychometric techniques applied to the assessment of personality and psychopathology. Includes skill development in the diagnostics of psychopathology. Students must be concurrently enrolled in Psychology 600B. **Psychological** Assessment Practicum.

**632 Quantitative Psychology** (3) (Prerequisite: 302 or equivalent) S. Basic course in data presentation and analysis. Includes descriptive statistics, correlation, and regression, as well as inferential statistics. Emphasis on matching appropriate statistics to experimental design and psychometric theory.

633 Group Counseling and Psychotherapy (3) (Prerequisite: 610) S. Explores the theory, process, and practice of group therapy/ counseling. Includes the stages of group therapy, various group techniques, and how to deal with problem situations that can arise in group therapy. May also include how to conduct special groups such as pain management, stress management, and assertiveness groups. Must be concurrently enrolled Psychology 600C, Psychological Intervention Practicum.

634 Developmental Psychology (3) SU. Survey of current topics and research methods in life span developmental psychology. Implications of research results to community-based interventions with children, adolescents, and the aged.

635 Learning and Cognition (3) SU. Review of traditional topics in learning as well as topics of current interest in cognition. Selection of topics from perception, attention, memory, thinking, and language. Functional disorders of memory and language.

## 636 Individual Counseling and Psychotherapy

(3) (Prerequisite: 610; corequisite: 630) S. Survey of theoretical foundations and techniques of individual counseling and psychotherapy with an emphasis on empirically supported models of psychotherapy, including cognitive-behavioral therapy. The course will provide the student with the opportunity to develop skills in the techniques covered. Attention also will be given to ethical and professional issues in the practice of therapy, as well as issues pertaining to social and cultural diversity. Must be concurrently enrolled in Psychology 600C, Psychological Intervention Practicum.

## 639 Career and Lifestyle Counseling: Theory and

Practice (3) (Prerequisite: 610, 630) F. An introduction to career development theory, psychological assessment for career planning and sources and uses of career and lifestyle information in counseling. concurrently enrolled in Psychology 600B, Psychology Assessment Practicum.

**643** Couple and Family Therapy (3) (Prerequisite: 610) F. Overview of theoretical assumptions and concomitant

assessment and treatment strategies associated with the major models of couple and family therapy, including cognitive-behavioral, Bowenian/family systems, object relations/psychodynamic, structural, and strategic. Examination of cultural diversity and ethical/ professional issues in clinical work with couples and families. Must be concurrently enrolled in Psychology 600-C, Psychological Intervention Practicum.

**644 Substance Abuse Counseling** (3) F. A seminar course that covers major content areas relevant to substance abuse counseling. These include the diagnostics and psychopathology of substance abuse and the clinical assessment of drug and alcohol dependency. The course also covers major models of substance abuse treatment, as well as specific counseling skills for this clinical population. Additional coverage includes the needs of special populations (e.g., women, adolescents, dualdiagnosed). Students must be concurrently enrolled in Psychology 600A, Professional Psychology Practicum.

651 Professional/Ethical Issues in Counseling Psychology (3) F. This course might begin with a review of models or influences affecting the practice of counseling psychology along with organizations. Issues and ethical conflicts addressed would include client rights and confidentiality, dual relationships, proper use of assessment, ethical concerns that arise in various forms of counseling or with special populations, and professional competence and continuing education. Other professional topics to be addressed include supervision and professional relationships in the community, malpractice and legal issues, multicultural concerns, and personal values and awareness including the issue of distress and impairment. In addition to reading and discussion, students will analyze case dilemmas and research areas of professional interest.

**Psychology** (3) (Prerequisite: Permission department) F, S, SU. A practical experience utilizing applied skills with a diversity of problems in a clinical/counseling setting. The many roles of a psychologist are performed in accordance with accepted legal and ethical standards of the profession.

700C Advanced **Psychological** Consultation/Intervention Practicum (1) S. Students enrolled in PSY 703 must be enrolled concurrently in this practicum. This practicum involves advanced knowledge and skills in interviewing, observation, clinical problem-solving, treatment planning and intervention development, individual therapy, group therapy, direct intervention, and indirect intervention/ consultation experiences relevant to the specific course to which the practicum is attached. Students may be assigned to psychoeducational, counseling and/or mental health centers for this experience. Organization development and evaluation activities also are emphasized. A minimum of 50 clock hours is required per practicum.

## 703 Counseling for Social Justice and Diversity

(3) SU. This course is designed to expand the student's awareness of both the cognitive knowledge and skills necessary to effectively interact with and serve culturally diverse populations. There is an emphasis on attitudes and competencies that are important in effective professional relationships. Though the course is not exhaustive discussion of diverse populations, it will focus on cultural diversity and those populations who are more likely to be encountered by the students taking the course. This course will examine racial and ethnic identity as well as acculturation status. It will also examine how issues of individual and institutional racism and oppression continue to play out in the mental health of those served.

## MSAP CLINICAL/COUNSELING PROGRAM OF STUDY **FALL ENTRY**

| FIRST YEAR      |  |     |
|-----------------|--|-----|
| FALL TERM (8    | 8 hours)   |     |
| PSY 600A        | Professional Psychology Practicum  | (1) |
| PSY 644         | Substance Abuse Counseling   | (3) |
| PSY 600C        | Practicum: Intervention  | (1) |
| PSY 610         | Interviewing, Observation, and Case Formulation  | (3) |
| PSY 651         | Professional/Ethical Issues of Counseling Psychology   | (3) |
| SPRING TERM     | M (11 hours)   |     |
| PSY 620         | Psychopathology  | (3) |
| PSY 630         | Psychological Assessment: Intelligence and Achievement Testing in Clinical/Counseling Psychology |     |
| PSY 600B        | Practicum: Assessment  | (1) |
| PSY 636         | Individual Counseling and Psychotherapy  | (3) |
| PSY 600C        | Practicum: Intervention  | (1) |
| SUMMER TER      | RM (9 hours)   |     |
| PSY 634         | Developmental Psychology (Summer I)  | (3) |
| PSY 635         | Learning and Cognition (Summer I)  | (3) |
| SECOND YEAR     |  |     |
| FALL TERM (1    | 11 hours)  |     |
| PSY 602         | Biological Basis of Behavior   | (3) |
| PSY 639         | Career and Lifestyle Counseling: Theory and Practice   | (3) |
| PSY 600B        | Practicum: Assessment  | (1) |
| PSY 643         | Couple and Family Therapy  | (3) |
| PSY 600C        | Practicum: Intervention  | (1) |
| SPRING TERM     | M (11 hours)   |     |
| PSY 631         | Psychological Assessment: Personality and Psychopathology  | (3) |
| PSY 600B        | Practicum: Assessment  | (1) |
| PSY 632         | Quantitative Psychology  | (3) |
| PSY 633         | Group Counseling and Psychotherapy   | (3) |
| PSY 600C        | Practicum: Intervention  | (1) |
| SUMMER TER      | RM (7 hours)   |     |
| PSY 605         | Personality and Social Psychology (Summer I)   | (3) |
| PSY 700C        | Practicum: Consultation/Intervention (Summer I)  | (1) |
| PSY 703         | Counseling for Social Justice and Diversity (Summer I)   | (3) |
| THIRD YEAR      |  |     |
| FALL TERM (3    | 3 hours)   |     |
| PSY 699A        | Internship: Clinical Psychology  | (3) |
| TOTAL DROOP AND | TOT TO   |     |
| TOTAL PROGRAM H | 1UUK5:   | 60  |

### **NOTES:**

<sup>\*</sup>PSY 610 is a prerequisite to PSY 630, 633, and 643.

<sup>\*</sup>PSY 610 and PSY 630 are prerequisites to PSY 631 and 639

<sup>\*</sup>PSY 610 is a prerequisite and PSY 630 a corequisite to PSY 636.